

# Know the Difference Between a Cold Flu Symptoms

<u>Symptom</u>	<u>Cold</u>	<u>Flu</u>
<b>Fever</b>	Rare	High (100.4 - 104)
<b>Coughing</b>	Moderate hacking, productive cough	Sever dry cough
<b>Aches</b>	Slight	Sever aches and pains common
<b>Stuffy Nose</b>	Common-resolves in 1 week	Not usually
<b>Chills</b>	Uncommon	60% of people with flu have chills
<b>Tiredness</b>	Mild	Severe
<b>Sneezing</b>	Common	Not usually
<b>Sudden Symptoms</b>	Develop over a few days	Rapid onset within 3-6 hours
<b>Sore Throat</b>	Common	Not usually
<b>Chest Discomfort</b>	Mild to moderate	Severe