

Spinal Screening Requirements - Revised

Attention Parents/Guardians of 8th Grade Boys

The Texas Department of State Health Services has revised the spinal screening schedule for school age children beginning school year 2018-19. In compliance with Health and Safety Code, Chapter 37, all children shall undergo screening for abnormal spinal curvature in accordance with the following schedule:

Boys will be screened one time at age 13 or 14 (or fall semester of grade 8).

To meet this requirement, LISD Health Services staff will screen 8th grade boys during the fall semester.

Catching a spinal problem early can make the treatment much easier. Not treating spinal problems can lead to serious health issues.

The procedure for screening is simple. Screeners, who have been specially trained, will look at your child's back while she stands and then bends forward. Students must remove their shirt for this exam.

You will be notified if your student does not pass the screening; this screening procedure does not replace your child's need for regular health care and check-ups.

Spinal screening at _____ Middle School is scheduled for _____

You may choose to have this exam done by your medical provider. It must meet the above age criteria and be submitted to the school nurse for your child to be excluded from the school screening.

If you do not want your child screened due to religious reasons, please contact your school nurse by _____ to obtain an exemption form.

If you have any questions, please contact your campus nurse.

Thank you for your attention.

School Nurse

Contact Information