

Spinal Screening Requirements - Revised

Attention Parents/Guardians of 7th Grade Girls OR Girls Turning 12 Years Old This School Year

The Texas Department of State Health Services has revised the spinal screening schedule for school age children beginning school year 2018-19. In compliance with Health and Safety Code, Chapter 37, all children shall undergo screening for abnormal spinal curvature in accordance with the following schedule:

Girls will be screened two times, once at age 10 (or fall semester of grade 5) and again at age 12 (or fall semester of grade 7).

To meet this requirement, LISD Health Services staff will screen 7th grade girls during the fall semester and any 8th grade female student who is age 12.

Catching a spinal problem early can make the treatment much easier. Not treating spinal problems can lead to serious health issues.

The procedure for screening is simple. Screeners, who have been specially trained, will look at your child's back while she stands and then bends forward.

Important Recommendations:

- Students must remove their shirt for this exam
- Girls should wear a thin t-shirt, bra, or two-piece swimsuit top underneath their shirt on exam day

You will be notified if your student does not pass the screening; this screening procedure does not replace your child's need for regular health care and check-ups.

Spinal screening at _____ Middle School is scheduled for _____

You may choose to have this exam done by your medical provider. It must meet the above age criteria and be submitted to the school nurse for your child to be excluded from the school screening.

If you do not want your child screened due to religious reasons, please contact your school nurse by _____ to obtain an exemption form.

If you have any questions, please contact your campus nurse.

Thank you for your attention.

School Nurse

Contact Information