

Acanthosis Nigricans (AN) Screening

Dear Parent or Guardian:

Since 2004 the state has required that schools screen students in grades 1, 3, 5, 7 for Acanthosis Nigricans or AN. Beginning SY 2009-10, 8th grade students were added to this screening.

AN is a velvety brown colored, skin patch found most frequently at the back of the neck and signals that there may be high levels of insulin in the body. If insulin levels remain high in the body for a long period of time, it can increase a person's risk for heart disease, high blood pressure and obesity.

If during the screening, your student is noted to have the indicators of AN, you will be notified and your student will be further assessed including blood pressure screening, height and weight and a calculated BMI. You will receive a notification of these results and will be asked to have your child seen by a medical professional to further evaluate your student.

If you have any questions, please contact your school nurse:

Jane DeGiulio, RN, BSN

972/350-2712

Nurse

Phone #

Thank you