



Lillie Jackson ECC Breakfast & Lunch Menu SEPTEMBER 2019

Student Breakfast - \$1.25*
Adult Breakfast - \$1.60
Student Lunch - \$2.65*
Adult Lunch - \$3.55

- *unless eligible for free/reduced meal program
- Fresh fruits and vegetables served daily.
 - Denotes vegetarian item
 - Denotes pork item
 - All meals offered with 1% milk
- *Menu subject to change

STAY UP TO DATE

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LISD Child Nutrition

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Monday

2
No School

Tuesday

3
BREAKFAST
Rice Krispies ® Cereal
String Cheese
Blueberries

LUNCH
Hamburger
Tomato Wedges
Apple Juice

Wednesday

4
BREAKFAST
Maple Pancakes
Fruit Juice

LUNCH
Beef Fingers
Mashed Potatoes
Fresh Orange

Thursday

5
BREAKFAST
Egg & Cheese Sandwich
Fresh Orange

LUNCH
Chicken Sandwich
Baby Carrots
Fruit Juice

Friday

6
BREAKFAST
Frosted Mini Wheats
String Cheese

LUNCH
Cheese Pizza
Broccoli
Craisins

9
BREAKFAST
Turkey Sausage Sandwich
Apple Juice

LUNCH
Chicken Nuggets
Zucchini
Applesauce

10
BREAKFAST
Cheerios
String Cheese
Raisins

LUNCH
Hamburger
Baby Carrots
Apple Juice

11
BREAKFAST
Egg & Cheese Sandwich
Fruit Juice

LUNCH
Beef Fingers
Mashed Potatoes
Watermelon

12
BREAKFAST
Strawberry Splash Pancakes
Fresh Watermelon

LUNCH
Grilled Cheese
Cucumber
Fruit Juice

13
BREAKFAST
Sausage Breakfast Pizza
Orange Juice

LUNCH
Cheese Pizza
Sugar Snap Peas
Craisins

16
BREAKFAST
Confetti Pancakes
Apple Juice

LUNCH
Chicken Nuggets
Cucumber
Apple Slices

17
BREAKFAST
Chicken Biscuit
Craisins

LUNCH
Hamburger
French Fries
Apple Juice

18
BREAKFAST
Blueberry Waffles
Fruit Juice

LUNCH
Corn Dog
Broccoli
Diced Peaches

19
BREAKFAST
Rice Krispies ® Cereal
String Cheese
Applesauce

LUNCH
Chicken Sandwich
Cauliflower
Fruit Juice

20
BREAKFAST
Sausage Kolache
Orange Juice

LUNCH
Cheese Pizza
Baby Carrots
Banana

23
BREAKFAST
Sausage Breakfast Pizza
Apple Juice

LUNCH
Chicken Nuggets
Corn
Fresh Orange

24
BREAKFAST
Frosted Mini Wheats
String Cheese
Fresh Orange

LUNCH
Hamburger
Tomato Wedges
Apple Juice

25
BREAKFAST
Strawberry Splash Pancakes
Fruit Juice

LUNCH
Grilled Cheese
Zucchini
Blueberries

26
BREAKFAST
Egg & Cheese Sandwich
Blueberries

LUNCH
Chicken Sandwich
Broccoli
Fruit Juice

27
BREAKFAST
Maple Pancakes
Orange Juice

LUNCH
Cheese Pizza
Baby Carrots
Banana

30
BREAKFAST
Kolache
Apple Juice

LUNCH
Chicken Nuggets
Sugar Snap Peas
Applesauce



This institution is an equal opportunity provider.