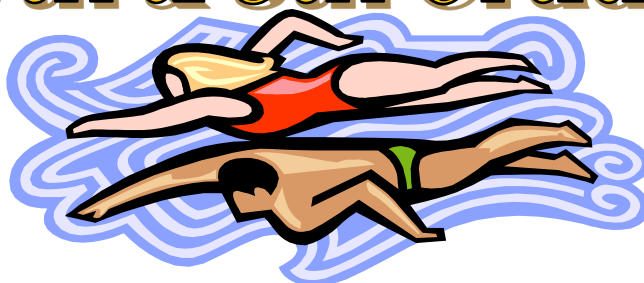


# 7th & 8th Grade



## Middle School Swim/Dive Team

This program is **FREE** to all LISD students in 7<sup>th</sup> and 8<sup>th</sup> grade who show an interest in competitive swimming. Must have all UIL forms on file.

Students with long hair need to have their hair tied back or wear a swim cap.

This is a great way to decide if high school swimming is for you.

Swim Practices: Mar 21<sup>st</sup> – April 21<sup>st</sup> / Monday – Friday  
7:00 – 8:00am @ LISD Aquatic Center

Monday March 21<sup>st</sup> is the tryout - No Practice Friday April 8<sup>th</sup>

**(TRANSPORTATION IS NOT PROVIDED TO AND FROM PRACTICE)**

<u>Meets:</u>	<u>Date:</u>	<u>Place:</u>	<u>Warm-Up:</u>	<u>Start:</u>
Pract #1	Thurs Apr 7	LISD Aquatic Ctr	during practice time	
Pract #2	Thurs Apr 14	LISD Aquatic Ctr	during practice time	
Champs	Thurs Apr 21	Westside Aquatic Ctr	5:00pm	5:45pm



For Swimming Information - Contact Coach Peele: [peelej@lisd.net](mailto:peelej@lisd.net)

LISD Aquatic Center: 5729 Memorial Dr. The Colony, 75056

For Diving Information - Contact Coach McGuire: [mcguires@lisd.net](mailto:mcguires@lisd.net)

Westside Aquatic Center: 1750 Duncan Lane, Lewisville 75067



TCHS Swimming & Diving



@TCHSSwimDive



TheColonyHSSwim