

LISD Special Education Family Center



Parenting Resource Groups & Family Counseling

Tuesday Evenings

Services Are Currently Provided *Virtually*

Join Groups and/or Family Counseling Via WebEx Link (emailed)



Parenting Resource Topics for Spring 2022

Provided in English and in Spanish (alternating every 3 weeks)

Parents may join groups at any time during the series!

Tackling the World Around Your Child

Navigating this big world can present a child with many experiences and challenges. Join us as we discuss the impact of school, family, and community on our children.

In English: Jan 11, Jan 18, Jan 25; **In Spanish:** Feb 1, Feb 8, Feb 15

Tackling Mental Health

How can you help your child/teen use coping skills? Join us to learn techniques and strategies to support your child/teen's wellbeing at school and at home.

In English: Feb 22, Mar 1, Mar 8; **In Spanish:** Mar 22, Mar 29, Apr 5

Tackling the Transition to Summer

Planning for the summer break? Join us to learn about ways to keep your children/teen engaged when they are not in school.

In English: Apr 12, Apr 19, Apr 26; **In Spanish:** May 3, May 10, May 17

What Happens At The Special Education Family Center?

Parenting Resource Groups (5:30 to 6:20 pm): Children with special needs can require extra management skills. Parenting Resource Groups offer a variety of research-based yet practical information to provide support to parents. Group participation is encouraged, but not required. Get your questions answered and talk with other parents who have “been there”! Afterwards, you will receive a summary of topics discussed, with helpful tips for using the skills at home.

Family Counseling (6:30 to 7:00 pm): Family counseling offers all members of the family an opportunity to share their honest perspectives and discuss solutions in a caring manner. Each family may meet for up to six sessions with a solution-focused, non-judgmental approach. How might your family be different if the problem were gone or your situation were improved? Offered in English and in Spanish.



Families with a child qualifying for LISD Special Education services may self-refer or be referred to the LISD Special Education Family Center by any member of the student's ARD Committee.

For more information, call or email Vera Salim (469-948-8536; salimv@lisd.net).

Services offered may be limited due to wait lists; however we want to make room for you!