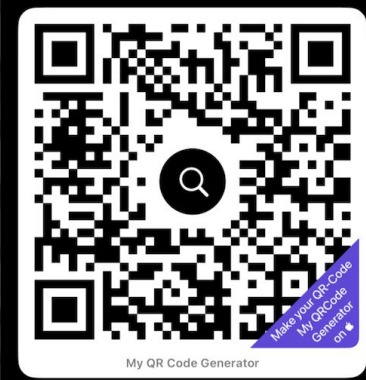




LEWISVILLE FIGHTING FARMER STRENGTH & CONDITIONING SCHEDULE



scan here for online payment only

JUNE SUMMER 2024 JULY

MON	TUES	WED	TR	COST \$100				MON	TUES	WED	TR
3	4	5	6	7 week Strength and Conditioning Program				8	9	10	11
10	11	12	13	Boy Athletes entering 7th-12th Girl Athletes entering 7th-8th				15	16	17	18
17	18	19	20	***Price includes sports specific training for most sports during specific times throughout the summer				22	23	24	25
24	25	26	27	REGISTER & PAYMENT Scan Below				29	30	31	1



WWW.LEWISVILLEFOOTBALL.COM
 ATHLETIC COORDINATOR: MICHAEL ODLE
 ASSISTANT AC: CARA SUMPTER
 S&C Coordinator: Kortlin White

Session 1 : 9th-12th Boys 8:00-9:30 am
 Session 2 : 7th-8th Boys and Girls 8:45-10:00 am

** grades are for 2024-25 school year

RED: JUNE 19TH | JUNETEENTH & JULY 22 & 23 | COACHING SCHOOL (OFF DAYS)

