

JOIN US ONLINE FOR

PARENT CAFÉ

At cafés, parents have meaningful, guided conversations about what matters most in our families.

OCTOBER 13

Taking Care of Yourself

OCTOBER 20

It Takes A Village

OCTOBER 27

Can't Save the World on Empty

NOVEMBER 3

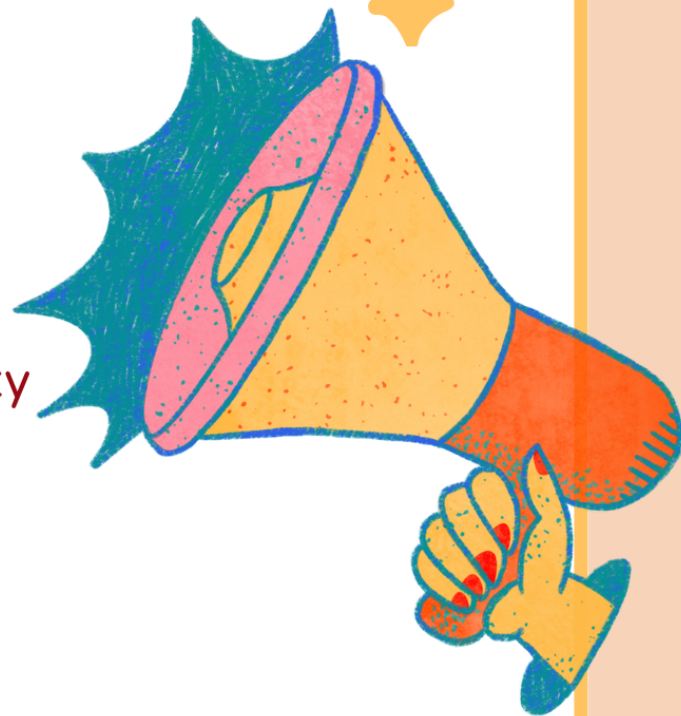
Brewing Strong Families

NOVEMBER 10

Were All on the Same Team

NOVEMBER 17

Finding Hope in Our Everyday Struggles



11:45 AM TO 1:15 PM

RSVP REQUIRED

Webex links will be sent via email to those who register.

Parent Cafés are based on the Strengthening Families Framework & the Five Protective Factors:
Resilience | Relationships | Knowledge | Support | Communication