

# LISD External PE

## Registration Information

The purpose of LISD's External PE program is to accommodate secondary students who are making a serious effort to develop higher-level skills allowing them to be involved in a physical education program that provides training exceeding those offered in our school district.

Students in grades 6-12 may apply for External PE courses offered at TEA approved facilities throughout the LISD community to earn credit for Physical Education. **An application and fee are required.** (see below)

The following is a list of programs offered for LISD students:

Archery	Clay Targets
Dance	Equestrian
Fencing	Gymnastics
Ice Hockey/Dance	Lacrosse
Martial Arts	Rock Climbing
Rowing	Synchronized Swimming
Baseball ( <i>middle school only</i> )	Golf ( <i>middle school only</i> )
Softball ( <i>middle school only</i> )	Swimming ( <i>middle school only</i> )
Badminton	Wrestling ( <i>middle school only</i> )

There are two levels of External PE:

**Level I** requires a minimum of 15 hours of participation a week in an approved LISD off-campus activity and facility. The student is dismissed one period during the school day by arriving late or leaving early (first or last period of the school day) to attend the activity and must participate five days per week with 80% of the hours accumulated Monday-Friday (school week).

**Level II** requires a minimum of five hours per week with 80% of participation being accumulated from at least two days during the school week (Monday-Friday). The student may not be dismissed from any part of the school day for Level II.

Due to various bell schedules at our middle schools, some students may not be allowed to register for Level I External PE. (see your campus counselor)

This program is not a required program and a **non-refundable fee** is charged for enrollment.

To ensure External PE is reflected on your schedule before the beginning of the school year, it is best to submit your application and fees by May of the current school calendar year. The initial approval process takes 5-7 days and is then sent to school counselors for scheduling. Any application received after

**May 20th** will not be processed until mid-August and will not be reflected on the student's schedule until counselors process changes.

FAQ's, Approved Facility List & Codes, and Student Applications can be found on our website: [www.lisd.net/externalpe](http://www.lisd.net/externalpe).

Refer all questions & concerns to Debra McDonald at [mcdonalddd@lisd.net](mailto:mcdonalddd@lisd.net) or (469) 647-6960, 1565 C West Main St., Lewisville, TX 75067

