

Dear Middle School Athletes and Parents/Guardians:

Thank you for your interest in participating in middle school athletics. Lewisville ISD recognizes the importance of extra-curricular participation as a key component of a student's overall experience and academic success. In an effort both to allow middle school athletes to develop in his/her favorite sports and introduce our young athletes to many of the sports offered in middle school, the following participation requirements will be in effect for all middle school athletes.

- Athletics is a year-long course, and active student participation is required.
- All students participating in athletics will be expected to take part in physical conditioning and skill training specific to the sports offered during their season.
- Athletics is divided into four competition seasons: Football/Volleyball, Basketball/CrossCountry, Track & Field, and Soccer.
- Students in athletics will be required to try out for or actively participate in at least two sports. Failure to meet this minimum requirement may result in removal from the athletics program.

Included with this letter is a brief description of each of the sports offered in all Lewisville ISD middle schools. If you have any questions, please contact the athletics coordinator for your middle school, or you can email MSAthletics@lisd.net.

Sincerely,

Tim Ford

Tim Ford
Director of Athletics Lewisville
ISD



Joseph Coburn, Ph.D.
Assistant Supt. of Schools & Student Activities Lewisville ISD

The following is a description of the participation requirements for each Lewisville ISD middle school sport, in order of season:

Volleyball

Students participating in volleyball will participate in a tryout process. At the conclusion of this process, students will be divided into competitive and non-competitive divisions. The competitive teams will practice before or after school and participate in a full schedule of games and tournaments. The non-competitive division students will learn volleyball skills and conditioning during class and will have opportunities to compete against one another in an intramural format.

Football

Participation in football will include full participation students and non-contact participation, based on student choice and parent/guardian approval. All will participate in football related activities and skill development during the athletic period. Those students who are non-contact participants will not be issued pads and will not participate in contact drills (blocking, tackling, etc.), but will participate in conditioning during the contact portion of practice at the school's discretion. Full participants in football will be expected to practice before or afterschool.

Basketball / Cross Country:

Students wishing to play basketball will participate in a tryout process. Students not selected to a basketball team will participate in workouts with the cross-country team during the school day. Participation in cross country meets is at the discretion of the coaches and will require practicing outside the school day.

Track and Field:

Every student is required to participate in track and field. Some events will require practice beyond the school day. Participation in track meets is a coach's decision.

Soccer:

Students wishing to play soccer will participate in a tryout process, and practice will be held outside the school day. Students not selected for a soccer team will participate in a skill development program to improve overall athletic development.

