



2nd Grade Water Safety & Swim Program
Lewisville ISD Westside Aquatic Center
Lewisville, TX 75067
(214) 222-6940



Mission statement: To develop swimming skills, save lives by teaching participants about water safety and give our students the tools to make good decisions in and around water while building champions in life.

Students are grouped by ability and taught by experienced swim coaches who supervise them throughout the week. Our Safety lessons are based on the Red Cross Safety Program “Longfellow Whale Tales”. The main theme is “Do Your Part, Be Water Smart.” The program length is 1 hour each for 4 days. Students will be accompanied by their classroom teacher and transported by school bus to the LISD Westside Aquatic Center. The center is between the LHS Harmon Campus and TECC West on FM 3040/W Round Grove Road. Parents are always welcome to observe the swim lessons on any day.

On the days they will swim, students should wear their bathing suits under their school clothes to school. Please have your child wear clothes they can change into and out of quickly. Girls should wear one-piece swimsuits and boys should wear swim trunks. Swim shirts and bathing suits with sleeves can make swimming more difficult. We recommend they not be worn. Students must bring underwear, a big towel, brush or comb, goggles (not covering the nose) and a bag large enough to hold all items. We also recommend a separate plastic bag to carry their wet bathing suit. Please label all personal items with student’s name. We have clean bathing suits and goggles to borrow if needed.

Students will get dressed in the appropriate girls or boys locker room at the WAC and will be supervised by at least two coaches. Students will be assigned a changing spot and will place their bag on the bench in front of their assigned spot. After class completion students will dry off and then use the towel to cover their head and back and will be instructed to change into their school clothes while looking at the locker or the ground in front of them. When dressed students will pack up their items and go out to the pool deck. They will put on their shoes and socks and fix their hair while sitting on the bleachers.

If you do not wish for your child to change in the general locker room area please check below that you request to change in a bathroom stall or pop up tent.

It is necessary that a parent or guardian approve the student’s participation by completing the permission slip below and returning it to the Classroom Teacher. Parents & Guardians are required to view the videos and documents on the Lewisville ISD Westside Aquatic Center 2nd Grade website ([Aquatics Center West / 2nd Grade Swim Program \(lisd.net\)](http://Aquatics Center West / 2nd Grade Swim Program (lisd.net))).

Permission Form

This program serves all levels. Please select skill level from choices below:

- Beginner: not comfortable putting face in water & blowing bubbles
- Advanced Beginner: Comfortable putting face in water & back float 5 seconds
- Intermediate: Can swim across pool & flip and float on back
- Swimmer: Know how to do proper freestyle and back stroke

Student’s Name _____ Dates & Time student is participating in program _____

Classroom Teacher _____ School _____ Grade _____

HAS my permission DOES NOT have my permission to participate in the Lewisville ISD “Water Safety & Swim”

HAS MY Permission to observe without entering the water We request a stall/tent for changing.

Please list any concerns or special needs that we should be aware of and medicine they will need to be brought by the homeroom teacher (ie. Asthma, Diabetes, etc.).

I have viewed all the videos and documents on the Lewisville ISD Westside Aquatic Center 2nd Grade website ([Aquatics Center West / 2nd Grade Swim Program \(lisd.net\)](http://Aquatics Center West / 2nd Grade Swim Program (lisd.net))).

Signature of Parent _____

Date: _____

Print Name _____