

# Resources for Families in Need

## Shelter and Housing

### City House

Administrative Office: 902 E. 16<sup>th</sup> St., Plano, TX 75074  
Phone: 972-424-4626. Ask for Franchesca or Jennifer.

City House is made up of two programs: My Friend's House and TRIPS (Transitional Resources in Preparation for Success). My Friend's House is an emergency shelter for youth ages 0-17 who have been removed from their home due to abuse or neglect, or have run away from home. Basic 24-hour care is provided as well as case management.

The TRIPS Program serves homeless youth ages 16-21, and provides resources aimed at helping them grow towards independence. Services include residential care (up to 18 months), case management, tutoring, school enrollment, GED preparation, college scholarship aid, resume development and networking opportunities, life coaching, and interview skills classes.

### Denton County Friends of the Family

Outreach Office: 4845 S I-35 E, Suite 200  
Corinth, TX 76210  
Phone: 940-387-5131  
24 hour crisis line: 940-382-7273 or 800-572-4031

Friends of the Family provides emergency shelter, counseling, and advocacy services for those who have been impacted by rape, sexual abuse, and domestic violence.

### Chafee Foster Care Independence Program (Through Texas DFPS)

Contact: Shannon Ramsey at 512-438-2350 or [shannon.ramsey@dfps.state.tx.us](mailto:shannon.ramsey@dfps.state.tx.us). Working on getting a local contact!

Provides transitional living and support services to young people 16 to 21 years of age who are currently or formerly in foster care, or transitioning out of care. Services include Preparation for Adult Living (PAL) programs, Extended Care for youth up to the age of 22 to complete high school or up to age 21 to complete vocational training, Medicaid for youth 18 to 21 years of age with a single application, and support services to youth who have left foster care.

### Promise House

Location: 224 W. Page Ave.  
Dallas, TX 75208  
Phone: 214-941-8578

Promise House offers an emergency youth shelter program for homeless, runaways, and abandoned children ages 10-17. Case management, crisis stabilization, short-term therapy, and psychiatric evaluation and treatment are all offered. The Transitional Living Program, aimed at older teens, is designed to provide shelter, medical and dental services, mental health services, drug & alcohol evaluation and treatment, career planning services, and life skills training.

## Transportation

### DCTA

Phone: 940-243-0077

#### Lewisville Connect fares

One way: \$1.50 (students ages 5-18)	One way reduced: \$.75
Ten-ride book: \$13	Monthly/31-day pass: \$45
Monthly/31-day reduced: \$25	Annual pass: \$450

\*Bus pass info pending— waiting on email reply. Donations?

## Medical Care

### CHIP – Children's Health Insurance Program/Children's Medicaid

Phone: 1-877- 543-7669

Anyone under 19 living on their own can apply. Office visits, dental and eye exams, glasses, prescriptions, vaccines, hospital care, X-rays and lab tests, special health needs and pre-existing conditions are all covered under the CHIP program.

### PediPlace

Location: 502 South Old Orchard Lane, Suite 126, Lewisville, Texas 75067  
Phone: 972-436-7962

PediPlace is for children throughout North Texas who are uninsured or who receive Medicaid or CHIP benefits. PediPlace provides quality medical care at low fees and will never deny services because of a family's inability to pay. Services covered include: annual well-child checkups, acute care, immunizations, and treatment of chronic illness.

Hours of operation: M W Th 8am-5pm, T 8am-8pm; first and third Fridays 8am-4pm, second and fourth Fridays 8am-5pm.

## Referrals and Counseling

### Youth and Family Counseling

Location: 601 Cross Timbers Rd., Ste. 120  
Flower Mound, TX 75028  
Phone: 972-724-2005

Youth and Family Counseling is an agency providing family-systems based counseling on a sliding scale. Specialties include parenting and parenting conflict, depression and anxiety, anger management, self-esteem, and trauma. Their First Offender Program targets adolescents referred by area courts and police departments, and offers six counseling sessions to their families at no cost.

### **Family Tree Program**

Lewisville location: 326 Edmonds Lane, Suite 103  
Phone: 940-387-7517

Family Tree offers family crisis intervention counseling, short-term emergency residential care, and individual and family counseling to youth up to age 17 who experience conflict at home, have been truant or delinquent, or have run away. Services are provided through STAR, a DFPS program. Counseling is provided at the CCD Counseling location in Lewisville.

### **Texas Runaway Hotline**

Phone: 1-888-580-4357

Calls are free and confidential. Services provided include shelter referrals, counseling, medical assistance, a message relay service that helps runaways contact families on their own terms, and assistance to runaways who wish to access Operation Home Free, a service that provides free transportation.

### **Teen CONTACT Crisis Line**

Phone: 972-232-8336  
Espanol: 972-233-2428

Offers teens a 24-hour telephone helpline to deal with suicide and crisis prevention.

### **Denton County MHMR**

Crisis hotline: 1-800-762-0157

MHMR provides crisis intervention, CB counseling, psychiatric services, case management, and outside referrals.

## **Food, Basic Needs**

### **Salvation Army Lewisville**

Location: 207 Elm St., Lewisville, TX, 75067  
Phone: 972-353-9400 or 972-353-9400

Salvation Army's community kitchen serves free lunch Mon-Thurs from 12-1pm. Emergency financial assistance with rent, utilities, and other materials provided (case-by-case basis, as available)

### **Christian Community Action – Lewisville**

Location: 200 S. Mill St., Lewisville, TX 75057  
Phone: 972-219-4357 (main number)  
972-219-4346 (food pantry)

Food pantry is by appointment only. Hours are Mon-Thurs, 6-8pm and Tues – Sat, 9am-1pm. Also, CCA's Back to School Program provides each qualifying student with two new outfits, a pair of shoes, backpack and grade specific school supplies prior to the beginning of each school year.

### **Holy Cross Catholic Church Food Pantry**

Location: 7000 Morning Star Dr., The Colony, TX 75056  
Phone: 972-625-5252 (church office)  
Open every other Tuesday from 1-3pm.

### **Denton County Youth Today (YOTO)**

Location: First United Methodist Church, 907 W. Main St., Lewisville, TX 75067  
Phone: 972-342-2797

YOTO offers homeless teens a refuge where they can come to find stability and hope. Stability comes in the form of warm meals, tutoring assistance, available clothing options, and the presence of volunteers who genuinely care.  
Hours of operation: M-F, 2-7pm.

### **TANF**

Phone: 1-877-541-7905

<https://www.yourtexasbenefits.com>

Individuals and families can apply for cash assistance (TANF) and food stamps (SNAP program).

### **WIC (Women, Infants & Children program)**

Phone: 972-221-1603

Lewisville clinic: 359 Lake Park Rd., Suite 113 and 114

WIC is a nutrition program that helps pregnant women, new mothers, and young children eat well and stay healthy. Help with access to health care and referrals to outside programs (food pantries, family planning, child health insurance, housing services) also provided. Parents, step-parents, foster parents or guardians of children up to 5 years old can apply for the child.

### **HOPE, Inc. of Denton County**

Phone: 940-382-0609

A United Way partner, HOPE, inc. assists people who are homeless or at risk of becoming homeless, and want to help themselves establish and maintain self-sufficiency. Financial aid provided for rent, utilities, food, education, job training, and other areas, based on needs assessment.

### **Assistance Center of Collin County**

Location: 900 E. 18<sup>th</sup> St., Plano, TX, 75074  
Phone: 972-422-1125

The center offers emergency assistance for rent, utilities, transportation, and prescriptions, as well as service referrals and a food pantry.

## Outreach and Education

### **North Texas Job Corps**

Contact: Regina Baptiste, admissions counselor  
Phone: 817-625-3993 ext. 106

Job Corps is a program providing students ages 16-24 with career technical training, and professional skills. If you haven't yet graduated from high school, Job Corps can help you earn your diploma or GED. They also help with resume building. In addition to job training, Job Corps counselors are available to assist students in job searches and to connect them with local housing and transportation options.

Anyone interested will need to contact Regina to sign up for an orientation session. Sessions are held every Thursday at 1 pm at the MLK Recreation Center. The address is 1300 Wilson St., Denton, TX 76205.