

LEWISVILLE ISD Band & Drill Team Heat Policy Rev. 8.21.24

- [UIL Recommended Heat Protocols and Procedures](#)
- All Directors monitor and respond to live weather conditions utilizing Perry Weather and WBGT readings
- LISD campuses fall within the **CLASS 3** WBGT Activity Guidelines; monitoring is required when WBGT is 80.0 or higher; WBGT is evaluated 30/15 min. prior to rehearsal and checked every 30 minutes
- Rapid cooling stations must be prepared and present when WBGT is ≥ 80.0
- Live surface conditions, student acclimation, conditioning level, and activity plans must all be taken into consideration in hot weather environments
- Individual water sources and an open water policy must be in place for all rehearsals regardless of WBGT
- Directed water break intervals must be monitored and facilitated by all staff
- Band/Drill team must observe Athletic Heat Policies when utilizing outdoor athletic facilities
- Hot weather rehearsal attire should include lightweight, loose fitting clothing and brimmed hat as the performance role allows; Individual cooling towels or bandanas are recommended
- Hot weather performance attire alternatives should be implemented in level orange or red conditions

< 82.0 WBGT	<ul style="list-style-type: none"> ➤ Normal practice and outside procedures ➤ Open water policy throughout all rehearsals ➤ Rapid cooling station prepared and present when WBGT is ≥ 80.0
82.0 - 86.9 WBGT	<ul style="list-style-type: none"> ➤ Open water policy throughout all rehearsals ➤ Directed water break intervals occur a minimum of every 15-20 minutes ➤ Use discretion for intense or prolonged exercise
87.0 - 90.0 WBGT	<ul style="list-style-type: none"> ➤ Maximum rehearsal block is 2.5 hrs. ➤ Open water policy throughout all rehearsals ➤ Directed water break intervals occur at least every 12-18 minutes ➤ Conditioning activities inherent to these disciplines will not exceed 1 hour
90.1 - 92.0 WBGT	<ul style="list-style-type: none"> ➤ Maximum rehearsal block is 1 hour ➤ Directed water break intervals occur at least every 10-15 minutes ➤ No physical conditioning activities permitted
≥ 92.1 WBGT	<ul style="list-style-type: none"> ➤ No outdoor practices permitted. Delay practice until a cooler WBGT is reached