

LISD School Health Advisory Council

November 16, 2016

| Agenda Item: | Discussion: | Action: | Follow Up By/Date: |
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| <p>Call to Order</p> <p>Introductions</p> <p>Review of Minutes for Sept. 28, 2016</p> <p>Other: Food from Aramark -</p> | <p>Chairperson Dr. Michelle Martz at 7:14</p> <p>30 members present</p> <p>Minutes from last meeting were approved. Sheila moved and Gala Seconded approval of the minutes.</p> <p>Samples of what students eat.</p> | <p>Meeting dates for the year: Feb 8, 2017 April 5, 2017 Make-up date May 3, 2017</p> | <p>Next Meeting on Feb. 8, 2017</p> |
| <p>OLD BUSINESS</p> | <p>Break into sub-committees for discussion and planning.</p> | <p>Pay attention to focus or if data collection is needed.</p> | |

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| Employee Wellness | <p>Team members discussed current efforts the district has in place to assist employees with wellness:</p> <ul style="list-style-type: none"> ● Campuses do different things - incentives for wellness ● Insurance - how to use benefits <p>M. Vincelette reported an Employee Wellness Survey was conducted in 2014 and she will bring the results to the next SHAC meeting.</p> <p>Suggestions from team for areas to offer support:</p> <ul style="list-style-type: none"> ● Stress Management ● Support for same | M. Vincelette to bring survey results to next SHAC meeting | February 8, 2017 |
| Mental Health | <ul style="list-style-type: none"> ● Why interested (see notes below) ● Lack of communication about initiatives going on - parent events ● Poor turn out by parents ● Parent ed more visible - online library ● More training for | | |

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| <p>District Wellness Plan</p> | <p>teachers</p> <ul style="list-style-type: none"> ● Incorporating Apps ● Using national and local resources <p>Review current plan and make recommendations to be in compliance with USDA updates.</p> <ul style="list-style-type: none"> ● Make principals aware of laws and regulations ● Smart snack compliance | <p>G. Nurre to share concerns of secondary administrators regarding current plan.</p> | <p>February 8, 2017</p> |
| <p>NEW BUSINESS</p> <p>Red Ribbon Week -</p> <p>AED Drills</p> | <p>All members filled out a Red Ribbon Week informational survey.</p> <p>Feedback from survey will help guide District support and effectiveness of intentions on each campus.</p> <p>Melanie Vincelette discussed rescue of a faculty member. AED drills just completed. Teacher went down and student alerted a teacher and the AED team rescued the teacher who survived.</p> | <p>Red Ribbon week will be on agenda moving forward. Goal to get input from committee. Look at district-wide objectives. May survey other people outside committee</p> | <p>No action required.</p> <p>No action required.</p> |

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| Adjourned 7:56 p.m. | Adjourned at 7:56 p.m. | Next meeting will be at 7:00p on February 8th | |