

LISD School Health Advisory Council
November 4, 2020
Meeting Minutes

I Call to Order @ 6:08 pm

- II **Approval of Minutes**, motion made by R. Marts to approve minutes from February 26, 2020 meeting, motion was seconded by C. Shearer, motion passed.

III New Business

- a. **Review SHAC's Work from SY 2020**-Melanie Vincelette reviewed the three different subcommittees and their tasks; all subcommittees need to continue due to district closure period.
- b. **COVID 19 District Update** -Melanie Vincelette reviewed district COVID protocols and the resources used in creating those (CDC, Denton County Health, etc.) She shared the COVID call center and how it supports campuses and where to locate the COVID tracker on the district website.
- c. **Child Nutrition Update**- Ray D. shared the district applied for and received waivers allowing LISD to provide free breakfast and lunch to all LISD students and we currently have 3 locations that will serve meals to any person under the age of 18

IV "Continuing" Business

- a. Sub-Committee Meetings
 - i. **Student Mental Health**- M. Crow reviewed work from last year, discussed new app for students, Rhithm it is a mood meter for students and counselor's 3rd-12th grade, also looking into Hope Squad for the future. Sub Committee approved use of Rhithm as meeting previous parent requests to load more "mental health and proactive" apps on student iPads to provide support to struggling students.
 - ii. **Vaping: Opioid Addiction and Abuse Education**- A. Lehew reviewed programs that the subcommittee had begun looking at last year and new programs found due to COVID, **EverFi** has created interactive modules for our students based on the committee's topic,

The Catch program to address vaping has been previously viewed, members received an update and refresh on what this curriculum offers.

iii. **Evaluation of Parental Awareness of Risky Behaviors.**

Evaluation of Comprehensive Counseling Program-H. DeGroot gave a recap of last year's goals for the sub-committee and reviewed the app Rhithm and the current practices in place to assist students with future pathways. The committee will continue to focus on discussion on what behaviors are considered risky and how parents can access resources to address with their child.

b. Sub-Committee Report Out

- i. Sub-committee leads reported reviewed the focus of their discussions; no recommendations at this time

V Adjournment @ 7:04 pm

VI **Upcoming Meetings**

January 13, 2021 via WebEx

Guest Speakers