

LISD School Health Advisory Council

May 3, 2017

Agenda Item:	Discussion:	Action:	Follow Up By/Date:
<p>Call to Order at 7:07p.m. By Michelle Martz</p> <p>Review of Minutes for April 5, 2017</p>	<p>Introductions: Name and subcommittee skipped</p> <p>A. McDonald moved to approve minutes from our last meeting and G. Nurre seconded</p>	<p>Minutes approved- unanimous</p>	<p>2017-18 Dates - TBD</p>
<p>OLD BUSINESS</p> <p>Red Ribbon Week</p>	<p>M Crow shared ideas generated from Think Tank.</p> <p><u>5 Secondary Themes:</u></p> <ol style="list-style-type: none"> 1. Science behind it 2. Coping and stress management 3. How to say no 4. Recognizing problems and how to get help 5. Finding your passion - natural high 		

<p>Break into sub-committees for discussion and planning at 7:25 pm.</p> <p>Employee Wellness -</p>	<p><u>5 Elementary Themes:</u></p> <ol style="list-style-type: none"> 1. Goal setting 2. Coping skills 3. Respect for self 4. Problem solving skills 5. Refusal skills <p>Move by G Nurre that SHAC accept the Red Ribbon Proposal</p> <p>Seconded by Bev Jordan</p> <p>Any recommendations move forward to the board?</p> <p>Do we want to carry over any work to next year?</p> <p>Promote and/or give incentives to teachers to promote wellness.</p>	<p>M Crow will present to the LISD Council of PTA</p> <p>Inform campuses that there is a district mandated curriculum and suggested activities</p> <p>Approved by unanimous vote.</p> <p>Ongoing Discussion</p>	<p>September, 2017 Presented to Council of PTA's on Sept. 13, 2017</p> <p>Principals and counselors will receive Red Ribbon Campaign overview and content by Oct 1, 2017</p> <p>M Crow will take recommendation to School Board for approval</p> <p>Met with Curriculum and Programs committee May 31, 2017</p>
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<p>Mental Health -</p>	<p>Maybe attach teacher wellness to Red Ribbon Week.</p> <p>Screenagers Video - Should SHAC endorse the program? If we endorse the program, we should see it first? Will also check on how we give an endorsement post SHAC committee meetings.</p> <p>May 8th screening at Downing MS</p> <p>Principals also planning screening: Briarhill McKamy Downing</p> <p>No additional recommendations</p>	<p>M Crow to schedule a viewing for SHAC members on May 22nd.</p> <p>We should keep this subcommittee for next year. Many things in progress that we would like to continue to work on.</p>	<p>M Crow sending email invite to SHAC members</p> <p>SHAC members were sent invite and Screenagers viewing took place on May 22, 2017</p> <p>Sept., 2017</p>
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<p>District Wellness Plan</p>	<p>Wellness Plan will go to the school board</p>	<p>Yes, continue this sub-committee next year</p>	<p>June, 2017</p>
<p>NEW BUSINESS</p> <p>Membership</p>	<p>Membership forms - write down name if you would like to participate next year.</p>	<p>Only 8 members did not request to continue as members of the 2017-18 SHAC.</p> <p>LISD Communications will send out applications and post on all district sites by the end of May.</p>	<p>New council members will be notified by Chairperson Martz by August, 2017.</p>
	<p>Adjourned at 7:46 p.m.</p>	<p>*Next meeting will be TBD in 2017 school year.</p>	