

LISD School Health Advisory Council

March 10, 2021

Meeting Minutes

- I **Call to Order** - Meeting was called to order at 6:02 pm
- II **Approval of Minutes** – Minutes were distributed in advance, approved
- III **New Business**
 - a. **Guest Speakers Hollie Wilson and Beth Ann Beckmann, Social Work** reviewed the varying services and resources that they are able to provide our families since joining the department.
 - b. **COVID 19 District Update-** Ms. Vincelette was unable to attend due to a family emergency. Will report out at April's meeting
- IV **Sub-Committee Meetings**
 - a. **Student Mental Health-Committee**
 - i. Reviewed Hope Squad, an organization that provides peer mentors and adult dacilitators to help students who might be experiencing mental health concerns. The group also looked at adding apps to student devices that promote/assist students with mindfulness or healthy coping skills.
 - b. **Vaping; Opioid Addiction and Abuse Education –**
 - i. Red Ribbon Week- Committee reviewed Red Ribbon program specifics for elementary, middle and high school students along with the conversation starters provided to parents
 - c. **Evaluation of Parental Awareness of Risky Behaviors.**
 - i. Evaluation of Comprehensive Counseling Program- Committee looked at increasing resources and education for parents and students on risky behaviors as well as continuing to increase the district drug and alcohol awareness programs.
- V **Adjournment** at 6:48 pm