

# LISD School Health Advisory Council

## April 18, 2018

Agenda Item:	Discussion:	Action:	Follow Up By/Date:
<p>Call to Order at 7:11 p.m. by Melanie Vincelette</p> <p>Review of Minutes for November 15, 2017</p> <p><b>NEW BUSINESS</b></p>	<p>Approval of minutes Motion to approve - Rene Marts- second</p> <ul style="list-style-type: none"> <li>● LISD Nurses all trained in “Stop the Bleed”               <ul style="list-style-type: none"> <li>○ Goal to have the teachers and staff at all campuses trained in “Stop the Bleed” in SY 2018-19.</li> </ul> </li> <li>● Evaluating medical response team scope; increase training for teams</li> <li>● Go Red was successful</li> <li>● 21 Day Challenge               <ul style="list-style-type: none"> <li>○ Improved enrollment this year to- over 5,000</li> </ul> </li> </ul>	<p>Minutes approved-unanimous</p> <p>Informational Only</p> <p>Informational Only</p> <p>Informational Only Informational Only</p>	<p>Fall 2018 by Melanie Vincelette</p> <p>Fall 2018 by Melanie Vincelette</p>

	<p>participants with 1800 completing final survey</p> <ul style="list-style-type: none"> <li>○ 4 Campuses received \$500 incentive for having 35% participation: Ethridge, Prairie Trail, Morningside, &amp; Highland Village</li> <li>○ Career Center East Graphic Design class students won the Recipe Book contest and receive \$1500</li> <li>○ Dale Jackson AV class made 'how to make healthy snacks' videos at TCHS</li> </ul> <ul style="list-style-type: none"> <li>● Membership for SY 2018-19</li> </ul>	<p>Applications were made available to committee members returning to serve SY 2018-19</p>	<p>Membership Applications will be made available through LISD social media and posted on campus websites due back by June 15, 2018.</p>
--	---	--	--

<p><b>OLD BUSINESS</b></p> <p><b>Sub-Committees:</b></p> <p><b>Human Sexuality District Wellness Plan</b></p>	<p>Consider candidates for committee chair for SY 2018-19</p> <ul style="list-style-type: none"> <li>○ Think about who we might want to nominate</li> <li>○ Not too much outside time required</li> <li>○ Will discuss next meeting</li> </ul> <p>Aims for Success, Choosing the Best and HealthSmart all gave 15 minute presentations reviewing their educational product. After both subcommittee and general committee discussion, a motion was made by Gala Langley to continue with the current curriculum for the next 2 years and sub committee will remain in tact with ongoing discussion.</p> <p>Seconded by LB Siebenmann</p> <p>Vote: motion passed unanimously</p>	<p>Sub-committee members reviewed and evaluated each of the 7th grade Human Sexuality programs presented.</p>	<p>May 9th - nominations for committee chair</p> <p>A review of the subcommittee findings will be presented to LISD Leadership Team and presented in the SHAC annual update to the School Board Fall 2018.</p>
---	---	---	--

<p><b>Mental Health</b></p>	<p>Committees want to consider adding sexting and social media content.</p> <p>The existing video will continue to be shown; still valuable info and opens the door for meaningful conversation.</p> <p>Also show information in a consistent and factual way. No bias or variety of delivery.</p> <p>Thanks so much to committee, Sarah Durant, and Jennifer Beimer's team for their work on this search.</p> <p>The delivery of mental health lessons in secondary schools is either streamed in via pre-recorded video of counselors (leaving untrained teachers to answer questions) OR lessons taught by teachers who get the material from counselors late, are not trained in the content. While the intent is sincere, it leaves much to be desired.</p> <p>Need to be more proactive to</p>		
-----------------------------	--	--	--

	<p>mental health and less reactive.</p> <p>At the basis of mental health is also nutrition related and that needs to be a piece that is addressed.</p> <p>Many campuses are working on exercise and nutrition to prevent mental health issues.</p> <p>Middle school has a real need for more focus on lessons from counselors.</p> <p>Study halls and study hall time could be used more effectively. Lessons need to be taught by staff that are more experienced in the areas covered.</p> <p>Counselors have many responsibilities.</p> <p>Committee members stated that counselors offer book studies for parents, but that a digital library for resources (such as videos, articles, etc.) for various mental health topics would be beneficial</p>	<p>Look into options for delivery of counseling lessons at MS</p> <p>See if this is a possibility.</p>	<p>M Crow Fall 2018</p> <p>M Crow/Technology Fall 2018</p>
--	---	--	--

	Adjourned at 8:14 p.m.	Next Meeting: May 9	
--	------------------------	------------------------	--