

LISD School Health Advisory Council

April 5, 2017

Agenda Item:	Discussion:	Action:	Follow Up By/Date:
<p>Call to Order at 7:07p.m.</p> <p>Introductions Name and subcommittee</p> <p>Review of Minutes for Feb. 8, 2017</p>	<p>Minutes from last meeting were accepted</p>	<p>Meeting dates for the year: Make-up date May 3, 2017</p>	<p>Next Meeting on May 3, 2017</p> <p>None</p>
<p>OLD BUSINESS</p> <p>Taste Test Product-</p>	<p>Follow Up by Alisha McDonald New beverages introduced at all high schools. Students have indicated they approve of the new drinks.</p>	<p>Informational</p>	

Red Ribbon Week -	<p>Follow Up by Monya Crow Guidance and Counseling is holding a think tank to discuss stakeholder feelings about changes that might need to be made RRW. The Think Tank meetings will be in April and May and made up of LISD counselors who will be looking at best practices for RRW. Spirit days may become site-based. But “abuse” needs to be the focus. Looking for input from parents and students and suggestions will be brought back to SHAC for consideration.</p> <p>National campaign for 2018 theme You are the key. Be drug free.</p> <p>Concerns? contact adamsjh@lisd.net</p>	M. Crow to provide Think Tank feedback and input.	May 3, 2017
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	<p>sessions for training. Punitive behavior may be a product of other things. Be proactive in working with mental health issues</p> <ul style="list-style-type: none">● Mental health first aid - Sponsored by MHMR 2nd or 3rd week of June and July to offer mental health first aid for staff. Offered as workshops in the summer. Parents and community members may be offered on a Saturday.● Improved communication. Twitter to retweet information. Whole child series. Put together a panel. Advertised at district level. Other events advertised on main LISD page. Specific dates to follow. Student panel.● Parent Ed - counselors to put that together.● Campus mentor programs. Some campus programs.		
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<p>District Wellness Plan</p>	<p>Looking for better ways to offer mentor situations. One program we use that has a curriculum helps coach how to respond. One that is more social - lunch with students. Asking other districts about what works. Middle school piloting a teacher mentor program.</p> <ul style="list-style-type: none"> ● Go Zen - app to help students. Will add to resource library. ● Throwback Thursdays - no screen time. Anyone participating. ● Screenagers. Asked about screening. Parent guide and apps available on their website. <p>We have a passion for this in our district. We have great support from Superintendent on down.</p> <p>Sub-committee finalized TDA updates and the 2017-18 LISD Wellness Plan was voted on</p>	<p>LISD Local Wellness Plan updated and presented. Motion from Valayne May</p>	<p>Robin Fry will present Wellness Plan to Learning Leaders summer 2017.</p>
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	and approved by SHAC.	Seconded by Beverly Jordan Approved by aye votes	
<p>NEW BUSINESS</p> <p>Employee Wellness Screenings</p> <p>Fuel Up to Play 60 -</p> <p>21 Day Challenge -</p>	<p>Baylor Scott & White conducting screenings for insured and uninsured. Reached out to cafeteria workers. Worker sent to ER that day - high blood sugar. Providing follow-up. Many employees not able to purchase insurance.</p> <p>Robin Fry reported that most campuses incorporate brain breaks during the day. Teachers also take advantage of GoNoodle videos to get kids up and moving. Kids likely to be more efficient thinkers after movement.</p> <p>Robin Fry reported that 500 more students signed up this year for a total of 4900 participants. Only 2000 received rewards for the program by completing both the pre and post required</p>		

	<p>surveys. LISD had the most participation in all of 14 other districts and the number one school, Ethridge ES. Coach Jay Ingram had over 70% of his student enrollment complete the program. This initiative started in SHAC three years ago and now has become part of district improvement plan. The event will be moved to October and November next school year.</p>		
	<p>Adjourned at 8:19 p.m.</p>	<p>*Next meeting will be at 7:00p on May 3, 2017</p>	