



HIGH SCHOOL LUNCH MENU

APRIL 2022

				1 Penne with Meat Sauce Popcorn Chicken Salad Turkey & Cheese Bagel Sandwich
4 Egg Fried Rice ♻️ Chef Salad Ham & Cheese Sub	5 Beef or Bean ♻️ Soft Tacos Baja Salad ♻️ Turkey & Cheese Sandwich	6 Chicken Penne Alfredo Chicken Caesar Salad Turkey & Cheese Sub	7 Baseball Opening Day! Loaded Hot Dogs Chef Salad Chipotle Chicken Wrap	8 BBQ Chicken Sandwich Chicken & Cheese Salad Turkey & Cheese Bagel Sandwich
11 Chicken Drumstick & Roll Chef Salad Ham & Cheese Sub	12 National Grilled Cheese Day 3 Cheese Melt ♻️ & Bacon Grilled Cheese 🍖 Buffalo Chicken Salad Turkey & Cheese Sandwich	13 Meatball Sub Italian Salad 🍖 Turkey & Cheese Sub	14 LTO: Moroccan Chicken Bowl Chef Salad Chicken Caesar Wrap	15 No School
18 Chicken & Vegetable Dumplings Chef Salad Ham & Cheese Sub	19 Popcorn Chicken Mashed Potato Bowl Baja Salad ♻️ Turkey & Cheese Sandwich	20 Beef Mexican Lasagna with Rice Chicken Caesar Salad Turkey & Cheese Sub	21 Breakfast for Lunch Scrambled Eggs, ♻️ Sausage Links & Pancakes Egg Chef Salad Honey Mustard Chicken Wrap	22 Earth Day Rainbow Flatbread Pizza Popcorn Chicken Salad Turkey & Cheese Bagel Sandwich
25 Strawberry Milk Day Mac & Cheese ♻️ Chef Salad Ham & Cheese Sub	26 Ranch Chicken Club Flatbread Sandwich 🍖 Buffalo Chicken Salad Turkey & Cheese Sandwich	27 Chicken Quesadilla with Sante Fe Rice Chicken Caesar Salad Turkey & Cheese Sub	28 Sweet & Sour Chicken with Lo Mein Chef Salad Southwest Chicken Wrap	29 Spaghetti & Meatballs Popcorn Chicken Salad Turkey & Cheese Bagel Sandwich

Daily: SunButter & Jelly Sandwich ♻️, Tacos, Burritos
Monday: Popcorn Chicken, Grilled Cheese ♻️
Tuesday: Chicken Sandwich, Black Bean Burger ♻️
Wednesday: Chicken Fried Steak Sandwich, Grilled Cheese ♻️
Thursday: Chicken Nuggets, Pizza Sticks ♻️, Cheese ♻️ & Pepperoni 🍖 Pizza
Friday: Hamburger, Cheeseburger, Black Bean Burger ♻️
 All meals offered with choice of fruit, vegetable and milk (1% white or skim chocolate). ♻️ Denotes vegetarian item 🍖 Denotes pork item

***Menu subject to change**

@LISDChildNutrition

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