

Communities In Schools

Rockbrook Elementary



Ashley Vanderwater, LMSW

Site Coordinator/Social Worker

Hello Parents/Guardians,

Welcome to my Communities In Schools Rockbrook page! I am the Site Coordinator for your student(s) school and would love to be a resource for your family. I work with students one-on-one, small groups focusing on Social Emotional activities, connecting families to resources as well as a mentor program on campus. If you would like to sign your student up for my program, in need of a resource that is not listed below or have questions, please feel free to contact me! I would love to assist you with navigating information during this difficult time.

📍 2751 Rockbrook Drive, Lewisvil...

✉ vanderwatera@lisd.net

☎ 972-350-2260

🌐 cisnt.org

Parent Mental Health Guide

A parent webinar will be held on September 16th from 6-8pm with a panel of therapists helping with assessing social and emotional needs for their students. Link is in the picture to register and a WebEx link will be sent the day before event.

Regina DeLeon is CIS of North Texas' Director of Mental Health and hosted a recent webinar on 'Recognizing Anxiety and Stress in Children'. She discusses signs, symptoms and coping strategies that could be beneficial if you are looking for a resource to help you, your student and/or family. She even discusses these signs and strategies with her daughter who is in elementary school to give the listener a child's perspective!

https://drive.google.com/file/d/1p_Gko6Ju2hZR5NvjaNbF8kcP74zALb_E/view?usp=sharing

Whole Child Series Presented by: CHOICES

Parenting In A Pandemic

Free Webinar

Wednesday, September 16, 2020
6:00 – 8:00 pm

This presentation will be virtual via - Webex
Link will be emailed to those registered one day prior to event.

For more information contact
CHOICES 469.948.8680

LISD Staff: This is a November Trade Day Credit event (2 hrs.) Register in Shine

Join a panel of therapist from:
CONNECTIONS WELLNESS GROUP
A Parents Guide to Assessing Your Childs Social Emotional Needs

Click link below to register

<https://forms.gle/VuiWuyksfaz72mS8>

LISD COUNSELING & SOCIAL WORK

Counselor Check-In

I also collaborate with the counselors when there is a need for students and/or family. If you need to speak with your student(s) counselor, please feel free to click the link below to fill out the form.

Mark Cormier (pk-2nd)

Molly Hinojoza (3rd-5th)

Counselor Form (Click Me to Open)

Resource Information

LISD Free/Reduced Lunch Application

[https://www.nlappscloud.com/Welcome.aspx?](https://www.nlappscloud.com/Welcome.aspx?api=ca04fcffb93276370a95e71243770cfc#loaded&openInNewWindow=true)

[api=ca04fcffb93276370a95e71243770cfc#loaded&openInNewWindow=true](https://www.nlappscloud.com/Welcome.aspx?api=ca04fcffb93276370a95e71243770cfc#loaded&openInNewWindow=true)

**Takes at least a week to process the application*

**Even if your student is virtual, if you pick up the breakfast/lunch daily from the school, please fill out*

**If your student qualified last school year, you will still NEED to fill one out for the new school year*

SNAP Food Benefits Information

<https://yourtexasbenefits.hhsc.texas.gov/programs/snap>

**The Supplemental Nutrition Assistance Program provides monetary support for low-wage working families in order to purchase monthly groceries*

**Amount is dependent on monthly income and household size*

Rent/Utility Assistance Information

https://docs.google.com/forms/d/e/1FAIpQLSexby185bWVY7alk7autJUfbv2C_XwLd9J3qZZu7AW3mFqhgw/viewform?fbzx=-3896108018547394388

**Does not accept applications 15th-19th of the current month needing assistance*

**Please allow 3 business days to receive a call from a CCA case manager*

**Please contact me if you have not heard from a case manager within 5 days*

Covid Testing

<https://storymaps.arcgis.com/stories/99c08bf4e29e46e2bdfac707e9bb9dc6>

Free Covid testing if you or a family member are exhibiting symptoms listed on the website, have been in contact with someone testing positive for Covid **OR you are an essential worker*

**There is one consistent location in Denton and an additional location within Denton county every other week. Call for more details*

NTFB Mobile Pantry

2020 Schedule

September 19th

October 3rd & 17th

November 7th & 21st

December 5th & 19th



NORTH TEXAS FOOD BANK

MOBILE PANTRY IS COMING TO:

**WESTSIDE BAPTIST CHURCH
900 BELLAIRE BLVD. LEWISVILLE, TX 75067**

1st and 3rd Saturday of every month

****While Supplies Last***