Communities In Schools

ROCKBROOK ELEMENTARY



ASHLEY VANDERWATER, LMSW

Site Coordinator/Social Worker

Hey everyone!

If you are in need of information regarding community resources, here are links that could help answer those questions. If you are in need of a resource that is not listed below, please feel free to contact me! I would love to assist you with navigating information during this difficult time.

*I will be off July 2nd- July 30th, I will periodically check my emails during this time.



2751 Rockbrook Drive, Lewisvil...





7 972-350-2260



PARENT MENTAL HEALTH GUIDE

'Why Try' is an organization that focuses on teaching Social Emotional learning activities to families and students to help motivate them through relationship, relevance and resilience. They are offering a free parent guide during the summer. I enjoy utilizing their methods when working with your students and encourage you to take a look!

https://resilienceguide.org/

Regina DeLeon is CIS of North Texas' Director of Mental Health and hosted a recent webinar on 'Recognizing Anxiety and Stress in Children'. She discusses signs, symptoms and coping strategies that could be beneficial if you are looking for a resource to help you, your student and/or family. She even discusses these signs and strategies with her daughter who is in elementary school to give the listener a child's perspective!

https://drive.google.com/file/d/1p_Gko6Ju2hZR5NvjaNbF8kcP74zALb_E/view?usp=sharing

SUMMER RESOURCE INFORMATION

LISD Summer Meal Information

https://www.lisd.net/COVID19meals

- *Meals are being served daily from 10am-1pm
- *Each student will receive lunch and breakfast for the next day
- *Weekend meals will be given on Fridays for each student

Rent/Utility Assistance Information

https://docs.google.com/forms/d/e/1FAIpQLSexby185bWVY7alk7autJUfbv2C_XwLd9J3qZZu7AW3mFqhwg/viewform?fbzx=-3896108018547394388

- *Does not accept applications 15th-19th of the current month needing assistance
- *Please allow 4 business days to receive a call from a CCA case manager
- *If you have not been contacted within 5 business days, please call 972-221-1224

Covid Testing

https://storymaps.arcgis.com/stories/99c08bf4e29e46e2bdfac707e9bb9dc6

*Free Denton County Covid testing if you or a family member are exhibiting symptoms listed on the website, have been in contact with someone testing positive for Covid **OR** you are an essential worker

Back to School Fair

*Drive thru Lewisville High School- Main from 8am-1pm on Saturday, August 1st.

*Providing school supplies and outside resources for families that signed up prior to July 1st

*Please click pictures below to view Denton County food resource information







CIS REFERRAL FORM FOR 2020-2021 SCHOOL YEAR (CLICK HERE)

