



Benefit Contact Information

FINANCIAL BENEFIT SERVICES

(469) 385-4640
www.LISD.net/benefits

DENTAL

MetLife
(800) 972-0854
www.metlife.com/dental

LIFE AND AD&D

Unum
(800) 583-6908
www.unum.com

MEDICAL: TRS

BCBSTX
(866) 355-5999
www.bcbstx.com/trsactivecare

VISION

UnitedHealthCare
(800) 638-3120
www.myuhcvision.com

FLEXIBLE SPENDING ACCOUNT

National Benefit Services
(800) 274-0503
www.nbsbenefits.com

MEDICAL: TRS HMO

CENTRAL AND NORTH TEXAS
SCOTT & WHITE HMO
(800) 321-7947
www.trs.swhp.org

DISABILITY

Cigna
(800) 362-4462
www.cigna.com

HEALTHCARE SAVINGS ACCOUNT

EECU
(817) 882-0800
www.eecu.org

HOSPITAL INDEMNITY

Aflac
(800) 433-3036
www.aflacgroupinsurance.com

COBRA (TRS MEDICAL)

bswift
(833) 682-8972

COBRA (DENTAL & VISION)

National Benefit Services
(800) 274-0503
www.nbsbenefits.com

CRITICAL ILLNESS

Cigna
(800) 362-4462
www.cigna.com

INDIVIDUAL LIFE

Texas Life
(800) 283-9233
www.texaslife.com

EMERGENCY MEDICAL TRANSPORTATION

MASA MTS
(800) 423-3226
www.masamts.com

LEGAL SERVICES

LegalEase
(800) 248-9000
<https://www.legaleaseplan.com/lisd>