

Forestwood Athletic Guidelines

As an athlete in the Forestwood Athletic Program, I agree to follow the guidelines of our program.

1. I will be on time to practices and games.
2. I will keep all personal belongings locked in my assigned locker.
3. I will remove all jewelry before coming to class, practice and games.
4. I will wear the required uniform to all practices and games. My shirt will be tucked in at all times and my shorts will not be rolled.
5. I will be positive and have a good attitude, be supportive of my teammates, and work hard in all situations.
6. I understand that behavior unbecoming of a Forestwood athlete such as immoral acts, stealing, drinking alcohol, smoking, fighting, skipping classes, using drugs or being disrespectful to coaches, other athletes or officials may forfeit my position on a team.
7. If I quit athletics or am removed from the program, I understand that I will not be allowed back into the program.

I have read this information and I understand and agree to follow these guidelines.

Athlete's Signature

Date

As a parent, I will be supportive of my child, other athletes, the program and all coaches. I will not tear down the program, coaches or other students by my conversation. I agree to follow the Forestwood guidelines and will ensure that my child does also. If my child or I have any concerns, we will first contact the coach to attempt to solve the issues. I accept the authority and decisions made by the principals and coaches at Forestwood.

Parent/Guardian's Signature

Date