

# DeLay Girls' Athletic Contract

## As a DeLay Athlete:

1. I agree to be on time for all practices and games. I understand that when I am not on time, there will be consequences. These may include extra conditioning and/or limited playing time in the next game.
2. I agree to attend all practices that are scheduled. I understand that it is important to my teammates and coaches that all members of the team are at practice. I am also aware that unexcused absences from practices and games will result in the reduction of my athletic grade and/or playing time.
3. I understand that I will be required to make up any missed practices or games before I am allowed to play in the next game. All practices are to be made up on a 1:1 ratio before the upcoming competitions. However, if I miss 3 or more practices in one week, I will only be required to make up 1 of the practices before the next game and then continue to make up the remaining practices before the following game. I also understand that if I miss 3 practices in 1 week I will not be eligible to play in that week's game.
4. I understand that 8<sup>th</sup> grade make-up practices are during 7<sup>th</sup> grade regularly scheduled practices and that 7<sup>th</sup> grade make-up practices are during 8<sup>th</sup> grade regularly scheduled practices. It is my responsibility to inform the coaches before I attend a make-up practice.
5. I understand that when I am selected for one of the DeLay athletic teams I will be expected to participate in extra team responsibilities. These responsibilities include, but are not limited to, setting up & taking down gym before and after games and practices and attending all competitions. If I must miss a competition, I will inform the coaches at least **4 practices** before the game I will miss. Also, I understand that if I have an unexcused absence from a competition my playing time will be reduced as well as my athletic grade.
6. I agree to remove all jewelry (watches, necklaces, rings, earrings, bracelets, etc.) before coming to athletics class. All jewelry will be kept locked in my locker. I understand that no warnings will be given, and that when I wear jewelry during athletics class I will receive a Pitchfork and my athletic grade will be reduced.
7. I agree to keep all of my belongings picked up and locked in my locker. I agree to help remind my teammates to keep the locker room organized and clean. I understand that when the locker room is messy the entire athletics "team/class" will be required to clean it and participate in extra conditioning in order to encourage athletic discipline and teamwork. I also understand that coaching staff is not responsible for things not locked in my locker.
8. I understand that I am required to wear my athletic uniform to all practices and to class even when I'm not feeling well enough to participate. I am aware that each time I do not have my uniform or shoes I will lose points on my grade.

1<sup>st</sup> offense- Pitchfork, lose 10 points on daily dress grade

2<sup>nd</sup> offense- Pitchfork, lost 20 points on daily dress grade

3<sup>rd</sup> offense- Pitchfork & Office Referral

9. I understand that all teams at DeLay have equal importance, and I agree to support my teammates at all games. I agree to sit in the designated team section at all home and away games, and I agree to ride the bus to and from all games scheduled away from DeLay unless I have appropriately informed my coach. I understand that a Legal Guardian is the only person that can sign me out from an away game. I also understand that I cannot walk home from a game, I must have a ride
10. I understand that behavior unbecoming of a DeLay Athlete such as immoral acts; stealing; drinking alcoholic beverages; smoking; fighting; skipping class; using illegal drugs; or being disrespectful to coaches, other athletes or officials may forfeit my position on the team.
11. I have read the DeLay Athletic Contract, and I understand and agree to the guidelines presented within.

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Athlete Signature

Date