


How to Take Care of Your Skin Infection

Wash your hands	For at least 15 seconds each time Use soap and warm water	After using the toilet After touching your skin infection Before eating
Clip your nails	Keep your nails short to make them easier to clean	
Shower or bathe daily using soap	WITH YOUR BANDAGE ON	WITH YOUR BANDAGE REMOVED
	Before-- Wrap a waterproof covering (try plastic wrap) around the bandage.	Before— Set the shower sprayer at a light to moderate pressure. Carefully wash around the wound site.
	After— Change bandage if there is drainage showing.	After-- Cover your wound with a clean dry bandage.
	After--Clean the shower stall or bath tub with a disinfectant spray of 1 tablespoon bleach for every quart of water made fresh daily	
Change into clean clothes	After you shower or bathe If wound drainage gets on your clothes	
Use washer and dryer	.Wash clothes, sheets, pillowcases, and towels soiled with wound drainage.	
Do not share personal care items	Such as razors, nail clippers, towels, washcloths, or bars of soap	
	Do not let others touch your infection	
Cover your wound	If your bandage comes off-throw it away in a plastic bag <i>and wash your hands</i> . Cover your wound with a clean dry bandage.	
Warm soaks and compresses	You may be told to soak your skin infection in warm water or to apply a moist compress for 20 minutes at a time. Listen carefully to the instructions and do it just that way. If your infection begins to drain, keep the wound covered with a clean dry bandage.	
Medication	Don't share medicine (antibiotics) with anyone. Take all the medicine the doctor gives you. If you don't take all the antibiotics the doctor gives you, the germs causing your infection may start another infection.	
Report to a medical professional	If you develop:	fever red streaks from the wound
	If your infection starts to:	smell bad drain more