

Virtual Learning Academy - Health Pacing Guide	15 weeks		12 weeks		9 weeks		6 weeks	
	Suggested days for completion	Actual Completion Date	Suggested days for completion	Actual Completion Date	Suggested days for completion	Actual Completion Date	Suggested days for completion	Actual Completion Date
Introduction to VLA	2		2		2		2	
Unit 1 - Health and Your Wellness	10		8		7		5	
Unit 2 - Health and Your Body	10		8		7		5	
Unit 3 - CPR and First Aid	8		6		4		2	
Unit 4 - Diseases and Disorders	9		6		3		2	
Unit 5 - Medicine and Drugs	12		10		8		5	
Unit 6 - Adolescence and Adulthood	10		6		3		2	
Unit 7 - Relationships, Marriage and Parenthood	11		8		5		3	
Unit 8 - Violence and Safety	12		10		7		5	
Unit 9 - Human Sexuality	12		9		6		4	
Final Exam and Research Project	10		7		4		3	

Note: eSchool courses are structured such that the student should finish in no less than 6 weeks, and the student **MUST** finish within 16 weeks. For your reference, those dates are shown below.