


All staff menu orders **MUST** be e-mailed to the school's Kitchen Manager by 9:00 a.m. on the day of your order.



November 2009 Staff Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pork Egg Rolls* Brown Rice Stir Fry Vegetables Pineapple Tea	3 Baked Potato Carrots & Broccoli Chocolate Pudding Tea	4 BBQ Chicken Biscuit Mashed Potato Tea	5 Tortilla Mexicali Soup Texas Cheese Sandwich Banana Tea	6 Southwest Chicken Salad Chips & Salsa Chocolate Chip Cookies RF Tea
9 Crispy Beef Tacos Seasoned Pinto Beans Chips & Salsa Tea	10 Spirals w/ Meatballs Honey Wheat Roll Italian Blend Vegetables Tea	11 Turkey, Ham & Cheese Sandwich Small Side Salad Peaches Tea	12 Garden Salad Crackers Apple Chocolate Chip Cookie RF Tea	13 Chicken Fajita Salad Chips & Salsa Brownie Tea
16 BBQ Pork Sandwich* Multigrain Chips Carrot & Celery Sticks Tea	17 Open Face Turkey Sandwich Green Beans Peaches Tea	18 Chicken & Noodles Winter Mix Orange Tea	19 Turkey & Dressing Mashed Potatoes Sunshine Cake Tea	20 Broccoli & Cheese Soup Banana Chocolate Chip Cookie RF Tea
23	24	25	26	27
No School				
30 Tomato Soup 1/2 Cheese Sandwich Small Side Salad Chocolate Chip Cookie RF Tea				*=Contains Pork RF=Reduced Fat <i>Menu is subject to change</i>

Be aware the menu may vary depending on the day your school will host the Thanksgiving meal.

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Daily Specials

Chef Salad

Our chef salad is made fresh daily. Ham, turkey and cheese on fresh lettuce with tomatoes and a hard boiled egg. Served with crackers and your choice of dressing, low calorie Italian or fat free Ranch.

Baked Potato Steaming baked potato served with butter, sour cream and cheese. Served with a small side salad with your choice of dressing, low calorie Italian or fat free Ranch.

Classic Sandwich Sliced turkey breast or ham, cheese, lettuce, tomato and pickles served on your choice of bread, wheat or white with chips and a fresh fruit.

Friday's Special

Chicken Noodle Soup Campbell's chicken noodle soup served with your choice of grilled cheese sandwich or a small side salad with low calorie Italian or fat free Ranch dressing.